North Sound Behavioral Health Administrative Services Organization

Board of Directors

Hybrid Meeting Minutes

May 12, 2022

Board of Directors Members Present:

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

Guests Present:

- 1. Call to Order and Introductions Chair
- 2. Revisions to the Agenda Chair
- 3. Approval of the April 14, 2022, Minutes, Motion #22-23 Chair...... Attachment
- 4. Comments & Announcements from the Chair
- 5. Reports from Members
- 6. Comments from the Public
- 7. Report from the Advisory BoardAttachment
- 8. Annual Compliance Report (Charles DeElena).......Attachment
- 9. Quality Management Plan (Charles DeElena)
 - https://nsbhaso.org/for-providers/forms/20220218 OM%20Plan ASO FINAL.pdf
- 10. Report from the Finance Officer......Attachment
- 11. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a

Consent AgendaAvailable at Meeting

Motion #22-24

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1, 2022, through April 30, 2022, in the amount of \$3,218,218.67.
- Payroll for the month of April in the amount of \$164,422.14 and associated employer benefits in the amount of \$90,810.34.

12. Action Items

For Board Approval

Summary:

Whatcom County Co-Responder Project

Whatcom County was the only bidder for the Whatcom Co-Responder RFP. The evaluation team
met and reviewed the proposal and recommended the ASO move forward with a contract. The
team made some recommendations to the ASO to consider while standing up these programs,
specifically on how to measure success and acquire feedback from individuals having contact
with the teams. The funding for this project is \$223,563 in COVID Mental Health and Substance
Abuse Block Grant funds.

Motion # 22-25

• NS BH-ASO-Whatcom County-ICN-19-23 Amendment 8 to provide the funding co-responder services under this contract in the amount of \$223,563. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

13. Introduction Items

The contracts being introduced this month fall into four distinct categories:

- Two Health Care Authority contracts: one providing ASO funding for all categories of funding listed below, and a HCA contract for COVID-19 Emergency Grant funding.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services.

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Summary:

Health Care Authority

- K-4949 is providing the GF-S funding for the period of July 1, 2022, through December 31, 2022 and Federal Block Grant funds for the period of July 1, 2022, through June 30, 2023.
 - New GF-S funding is expected for the period of July December 2022, however the details have not been provided by HCA to date.

Motion #22-XX

• HCA-NS BH-ASO-K-4949-Amendment 5 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2022, through December 31, 2022 and Federal Block Grant Funding for the period of July 1, 2022 through June 30, 2023.

 K-5390 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

Motion #22-XX

- HCA-NS BH-ASO-K5390-22-23 Amendment 1 for the purpose of funding an additional Peer on the HARPS team. The maximum amount on this amendment is \$80,000 effective upon execution through March 14, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 2 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2022 through June 30, 2023.

• K5759 Homeless Outreach Stabilization and Transition Team (HOST) services serving individuals who are living with serious substance use or co-occurring disorders and behavioral health conditions experiencing homelessness.

Motion #22-XX

• HCA-NS BH-ASO-K5759-22-23 for the purpose of funding a HOST program in the North Sound Region. The maximum consideration on this contract is \$956,080 with a term of July 1, 2022, through June 30, 2023.

Summary:

GF-S Mandatory Services

The following contracts are providing mandatory behavioral health services.

Compass Health

- Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - o Mobile Crisis Outreach, ITA services
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Volunteers of America
 - o Toll Free Crisis Hotline
- Telecare
 - o Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - o Secure Withdrawal Management
- Community Action of Skagit County (CASC)
 - o Ombuds Services (services for July 1, 2022-October 1, 2022)
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - o PACT

- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - o Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Marijuana Account
- San Juan County
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account
- Skagit County
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Whatcom County
 - o Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

Motion #22-XX

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an

- automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

Summary:

GF-S Mandatory Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - o PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - o Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - o Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - o Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
 - o Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-XX

- NS BH-ASO-Brigid Collins-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-20-23 Amendment 4 to provide additional funding to the Peer Path Finder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-19-22 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

Summary:

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - o SUD outpatient services in San Juan County
 - o Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers
 - o Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - o PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - o Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - o Mental health outpatient services
 - o Substance use outpatient services
 - SUD residential services

- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services

Motion #22-XX

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2021 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 to provide funding for the integrated coresponder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding for co-responder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract

Summary:

Behavioral Health Needs Assessment

- Cumming Management Group will be providing Phase 0 of the Behavioral Health Needs Assessment: Project Mobilization, and Initial Work Plan.
- Phase 0 will consist of the following work:

- o Engagement management, team structure and coordination, project mobilization
- o Finalized scope, work plan, schedule, and deliverables (note this will be adjusted after the kickoff meeting)
- o Information request and list of data resources to be utilized
- o Key stakeholder interview list and associated discussion guide
- o Final proposed project fee

Motion #22-XX

• NS BH-ASO-Cumming-Agreement-22 for the purpose of engaging Cumming Management Group in a North Sound Behavioral Health Needs Assessment. The maximum consideration for Phase 0 is \$12,000 with an effective date of July 1, 2022

Homeless Outreach Stabilization and Treatment (HOST) Program

- Evergreen Recovery Centers was the only bidder for the HOST Request for Qualifications (RFQ). The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The funding for this project is \$956,080 in GF-S funds. The contract will be on the June 9, 2022 Board of Directors agenda for approval.
- Elements of the HOST program project are as follows:
 - Serves people who are living with serious substance use disorders (SUD) or co-occurring SUD and behavioral health conditions, are experiencing homelessness, and whose severity of behavioral health symptom acuity level creates a barrier to accessing and receiving conventional behavioral health services and outreach models
 - Outreach and engage the most vulnerable individuals into services with the ultimate goals of addressing their behavioral and physical health needs, increasing stability, obtaining housing, and transitioning them into long-term services for their substance use disorders or co-occurring substance use disorders and behavioral health conditions
 - Utilize the principles consistent with a modified Assertive Community Treatment (ACT) model that will best serve targeted populations

Child, Youth and Family Mobile Crisis

Our July 2022 HCA contract amendment requires the ASOs to establish new or expand mobile crisis teams for adults, youth and children by July 1st, 2022. The team models are to include Mental Health Professionals (MHPs) and Peers trained in crisis services. We will also be required to incorporate the standards of the Mobile Response and Stabilization Service (MRSS) model. The goals of this model include: supporting individuals, children and families in their current living situation, provide trauma informed care, promote and support safe behaviors in school/community, reduce the use of emergency department and criminal justice systems and assist in linkages to ongoing age-appropriate support and services as needed. All services are required to be submitted under the new transaction code for Mobile Crisis Response transaction by July 1, 2022.

14. Report from the Executive Director Attachments

15. Adjourn

Next Meeting: June 9, 2022

Important: North Sound BH-ASO Board of Directors will NOT meet in July due to summer recess.

North Sound Behavioral Health Administrative Services Organization

Board of Directors

Hybrid Meeting Minutes

April 14, 2022

Board of Directors Members Present:

- Peter Browning Chair, Commissioner, Skagit County; Chair
- **Jill Johnson**, Commissioner, Island County
- Cindy Wolf, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- George Kosovich, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Heidi Beazizo**, Sr. Legislative Analyst, Snohomish County; designated alternate for Jared Mead, County Council
- Pat O'Maley Lanphear, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- Darcy Cheeseman, Legislative Aid to Council Member, Sam Low

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**. Executive Director. North Sound BH-ASO
- Margaret Rojas, Assistant Director, North Sound BH-ASO
- Darrell Heiner, Senior Accountant, North Sound BH-ASO
- Michael McAuley, Clinical Director, North Sound BH-ASO
- Maria Arreola, Administrative Assistant II, North Sound BH-ASO

Guests Present:

Marie Jubie

1. Call to Order and Introductions - Chair

Chair Browning initiated introductions and called the meeting to order. He asked Maria Arreola to read the names of the attendees that were participating in person and via Zoom.

2. Revisions to the Agenda - Chair

The Chair asked if there were any revisions to the agenda. Marie Jubie's resolution moved to the start.

3. Approval of the March 10, 2022, Minutes, Motion #22-17 — Chair........... Attachment Jill Johnson moved the motion for approval with revision to change her county to Island County, Cindy Wolf seconded, none opposed, no abstentions, motion #22-17 carried.

4. Comments & Announcements from the Chair

Chair Browning spoke about how being part of this Board helps county elected officials to be more involved in addressing behavioral health issues. .

5. Reports from Members

Chair Browning asked if there were reports from the counties. The following updates were provided:

- Island County
 - Recovery Navigator Program (RNP) work session was held. The program is in the process of being put together.
- San Juan County
 - o The majority of individuals that are in danger of becoming homeless are those staying with family and friends. Individuals that are homeless are living in substandard RVs or boats and cars. This suggests a certain approach on how to serve these individuals.
- Skagit County
 - Portable showers are being placed in various areas. First Steps program is going well.
 The North Star program is a mental health program that will work with the cities. This program is to ensure individuals are being referred to the appropriate places.
- Snohomish County
 - Are having difficulty recruiting a Designated Crisis Responder (DCR). Exploring options
 of hiring incentives. Compass Health will be contracting a part time embedded social
 worker in Mukilteo. Conversations with Volunteers of America (VOA) Sultan and
 Monroe about a mental health outreach concept.
- Whatcom County
 - A Response System Division is being developed. Currently the GRACE and Lead programs are incorporated in the Response System Division. The Co-Responder and the Alternative Response Team will also be included. Working on streamlining services within the Crisis Stabilization Center.

6. Comments from the Public

There were no comments from the public

- **7. Report from the Advisory Board**Pat O'Maley Lanphear, Advisory Board Chair, gave the report from the Advisory Board.
- **9. Report from the Finance Officer**Joe Valentine and Darrell Heiner gave the Report from the Finance Officer. They answered questions from the Board members.

10. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a

Consent AgendaAttachment

Motion #22-18

• To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1, 2022, through March 31, 2022, in the amount of \$2,556,706.70. Payroll for the month of March in the amount of \$158,258.84 and associated employer benefits in the amount of \$74,725,47.

Jill Johnson moved the motion for approval, Cindy Wolfe seconded, none opposed, none abstained, all in favor, motion #22-18 carried

11. Action Items

For Board Approval

Summary:

Federal Block Grant/Peer Outreach Follow up Services

• In our MH & SUD approved COVID Federal Block Grant plans we set aside \$150,000 for Peer/Outreach Workers for crisis follow up for individuals with serious behavioral health challenges. The ASO is adding the peer outreach services to VOA's crisis follow up services. With the addition of peers/outreach workers VOA will be expanding the referral base for the program

Motion #22-19

• North Sound BH-ASO-VOA-ICCN-19-22 Amendment 7 to provide funding to hire two peer/outreach workers for the follow up service team at VOA. The maximum consideration on this Amendment is \$150,000. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, none opposed, none abstained, all in favor, motion #22-19 carried

Summary:

Recovery Navigator Program (RNP)

- North Sound has two LEAD programs in the region, in Snohomish and Whatcom counties. The RNP will be an enhancement to LEAD services. We will be contracting with the Snohomish County Prosecutors office and the Whatcom County Prosecutor's office.
- The Regional Navigator Program (RNP) will collaborate with Whatcom and Snohomish County LEAD programs to expedite implementation. Our goal of the first year is to increase capacity by adding additional staff and resources. For year two, if possible, we plan to place RNP's in other locations throughout those counties to provide broader range of coverage.
- The funding for each program is \$512,455 annually. Snohomish County will be receiving additional funds in July 2022 in a legislative proviso.
- Whatcom County contract term is on the same cycle as the other RNP contracts. Snohomish County requested a calendar year term.

Motion #22-20

 North Sound BH-ASO-Whatcom County-RNP-22 for the purpose of adding the staffing and resources to provide recovery navigator services to the LEAD program. The contract term is

- March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Snohomish County-Interlocal RNP-22 for the purpose of adding the staffing and resources to provide recovery navigator services to the LEAD program. The contract term is January 1, 2022, through December 31, 2022, with an automatic one-year renewal on January 1, 2023, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Cindy Wolfe seconded, none opposed, none abstained, all in favor, motion #22-20 carried

Summary:

Amerigroup

- The ASO has begun negotiations with the Managed Care Organizations to increase our per member per month (PMPM) to cover the costs of their members for a 24/7/365 crisis service.
- Amerigroup has agreed to increase their PMPM from \$1.47 to \$3.05, their members have higher acuity and higher utilization of services

Motion #22-21

• Amerigroup Washington, Inc.-North Sound BHO-ASO-ASA-Amendment 2 for the purpose of increasing the monthly PMPM from \$1.47 to \$3.05 per member.

Jill Johnson moved the motion for approval, Jackie Mitchell seconded, none opposed, none abstained, all in favor, motion #22-21 carried

Summary:

Personnel Action

• Authorizing a 2.75% COLA for the Executive Director.

Motion #22-22 (3)

• Authorizing a 2.75% COLA to the Executive Director salary with an effective date of May 1, 2022.

Cammy Hart-Anderson moved the motion for approval with an effective date of January 1, 2022. Cindy Wolfe seconded, none opposed, none abstained, all in favor, motion #22-22 carried

12. Resolution Items

Summary:

Marie Jubie Resolution

• For Marie's 29 plus years of dedication to the North Sound Regional Advisory Board we are here to pass a resolution honoring her service.

Resolution #22-001

Resolution #22-001 honoring Marie Jubie's service to the North Sound Regional Advisory Board.

Cammy Hart-Anderson moved the resolution for approval, Jill Johnson seconded, none opposed, none abstained, all in favor, motion #22-001 carried

13. Introduction Items

City of Mt Vernon-Mount Vernon Police Department

• The Health Care Authority set aside \$100,000 in COVID Block Grant Funds (\$25,000 Substance Abuse Grant and \$75,000 Mental Health Grant) for a co-responder project. The contract

specified the funding must go to a law enforcement agency. The Mount Vernon Police Department had submitted a proposal to help fund their integrated co-responder outreach program. The total funding for this project is \$250,000, \$100,000 set aside for co-responder projects with Law Enforcement and \$150,00 in a mix of COVID Mental Health and Substance Abuse Block Grant funds. The funding will specifically fund staffing for the team, one mental health professional and one substance use disorder professional. The ASO funds are braided with other funding sources that the Mount Vernon Police Department is using.

- The model Mount Vernon Police Department is implementing a model that will achieve the following goals:
 - Change the capacity and capability for Mount Vernon Police Department to effectively respond and reduce the unhoused population who encounter the criminal justice system.
 - Provide an alternative to police officer responses, with non-police personnel, to calls where poverty, substance use disorder or behavioral health are primary factors versus criminal intent.
 - Provide outreach services specialists intensive case management support in order to offer wrap around services to the unhoused or high service utilizers who encounter the criminal justice system because they are not connected or inconsistently connected to traditional care providers.

Whatcom County-Co-Responder

- Whatcom County was the only bidder for the Whatcom Co-Responder RFP. The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The team made some recommendations to the ASO to consider while standing up these programs, specifically on how to measure success and acquire feedback from individuals having contact with the teams. The funding for this project is \$223,563 in COVID Mental Health and Substance Abuse Block Grant funds. The contract will be on the May 12, 2022, Board of Directors agenda for approval.
- Elements of the Whatcom County project are as follows:
 - Whatcom County First Responder Co-Response Outreach Program model pairs Whatcom County Sheriff Behavioral Health Deputies with co-responder crisis staff to respond to behavioral health-related calls for service.
 - o The Whatcom County Sheriff's Office has two established behavioral health deputies trained in behavioral health call response. The addition of two, Masters level coresponder crisis staff will utilize the combined expertise of the deputies and co-responder crisis staff to provide early engagement interventions with person-centered de-escalation that uses least invasive interventions.
 - The co-response team will employ field-based strategies to identify individuals with substance use disorders and mental health needs in a culturally competent, recovery oriented, trauma sensitive manner.
 - The intent is to implement two approaches: 1) behavioral health deputy and co-responder crisis staff deploy together in the same vehicle for time periods of high call volume and 2) during low call volume periods, the co-responder crisis staff are available for calls by behavioral health deputies following dispatch, and the call is handled collaboratively.

14. Discussion Items

Child, Youth and Family Mobile Crisis

Our July 2022 HCA contract amendment requires the ASOs to establish new or expand mobile crisis teams for adults, youth and children by July 1st, 2022. The team models are to include Mental Health Professionals (MHPs) and Peers trained in crisis services. We will also be required to incorporate the standards of the Mobile Response and Stabilization Service (MRSS) model. The goals of this model include: supporting individuals, children and families in their current living situation, provide trauma informed care, promote and support safe behaviors in school/community, reduce the use of emergency department and criminal justice systems and assist in linkages to ongoing age-appropriate support and services as needed. All services are

required to be submitted under the new transaction code for Mobile Crisis Response transaction by July 1, 2022.

- Next steps
 - Feedback was provided to HCA on the Child, Youth and Family Mobile Crisis contract requirements expected in our July amendment.
 - Clinical staff have been researching best practices. Once the contract requirements are finalized our program design will be completed.
 - Operations Committee is setting up a workgroup to develop the materials for the Request for Information and subsequently the Request for Qualifications (RFQ)
 - Advisory and Board of Director/designee participation will be requested on the review of the RFQ.

The following discussion ensued regarding the Child, Youth and Family Mobile Crisis Team:

- How do we look at making adaptations to research-based models?
- What will staffing structure look like?
- Discussed the need to develop criteria for how to best serve different geographic areas of the region, including rural areas and other underserved areas.
 - There are currently only state general funds dollars to support this program. How will managed care organizations (MCOs) contribute services to members?
- How will we be able to implement this program if there are not enough children and youth behavioral health specialists?
- Is there funding to extenders the model to other areas of the region?
- Focus on areas of high-risk populations.

15. Report from the Executive Director Attachments

Joe Valentine gave the report from the Executive Director. It included the following topics:

- o Final Legislative Budget and Provisos
- o New Behavioral Health Programs Assigned to BH-ASOs for FY 2021-2023
- o Proposed Statewide BH-ASO "Check In" Meeting with HCA Leadership
- Homeless Outreach Stabilization Team [HOST]
- o Proposed RFQ for Children and Youth Mobile Crisis Teams
- o Plan to Improve Coordination Between BH-ASO Funded Programs
- Crisis Services Update
- o Re-Opening of North Sound BH-ASO Office
- o Presentation of Three Year BH-ASO Update for North Sound County Councils and Commissions

16. Adjourn

The meeting adjourned at 2:58

Next Meeting: May 12th, 2022



Advisory Board Brief

May 5, 2022

The Advisory Board met on May 3, and the following items were discussed:

— Advisory Board

- A moment of reflection of Joan Bethel's passing took place. Joan served 9 years on the Board. Joan carried a remarkable compassion for the North Sound Behavioral Health system. Joan will be greatly missed.
- Health Care Authority approved \$3,000 to be allocated to Volunteers of America for food/snacks. Members approved the amount.
- Tribal and Advisory Board Officer appointment process will be drafted in the Bylaws and reviewed during the July retreat.
- Members discussed interest of topics for the July retreat. It was determined to have a facilitator. July retreat will be July 26th. Location is being researched.
- It was decided to have a target membership for each county as follows.
 - Island 2
 - San Juan 1
 - Skagit 2
 - Snohomish 7
 - Whatcom 4
 - The total cap membership for each county are as follows
 - o Island 4
 - o San Juan 3
 - o Skagit 4
 - o Snohomish 9
 - Whatcom 6
 - Link to the updated Advisory Board brochure and rack card
 - https://www.nsbhaso.org/forproviders/brochures/AB%20Brochure 04212022.pdf

 https://www.nsbhaso.org/forproviders/brochures/AB%20Brochure_rack%20card_revised.p
 df

— Executive Director

- The Executive Director reported on
 - Presentation of Three Year BH-ASO Update for North Sound County Councils and Commissions
 - Update on Homeless Outreach Stabilization Team (HOST)
 - Update on RFP for Children and Youth Mobile Crisis Teams
 - Update on Plan to improve Coordination Between BH-ASO Funded Programs and County Funded Behavioral Health Programs
 - Crisis Services Update
 - Recovery Navigator Program Update
- The Action Items were reviewed. No action was taken.

— Finance/Executive Committee

— The April Expenditures were passed and recommended to Board of Directors for approval.

— Advisory Board Resignation and Membership

- Current vacancies
 - Island 2
 - San Juan 3
 - Skagit 1
 - Snohomish 4
 - Whatcom 4



North Sound BH-ASO Annual Compliance Report 2021

Program Integrity

Prepared by Charles DeElena 2/22/2022

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

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North Sound Annual Compliance Report

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Executive Summary

The North Sound BH-ASO Program Integrity Plan serves as the guiding document for all compliance and program integrity activities overseen by the North Sound BH-ASO Compliance Officer. The Compliance Officer is responsible for ensuring that each activity outlined in the plan is carried out in an efficient and effective manner. The Program Integrity Plan outlines the seven (7) elements of an effective compliance program and how North Sound BH-ASO operationalizes achieving each element. These seven elements are not only a standard at North Sound BH-ASO but are also required for each North Sound BH-ASO contractor. The seven elements are:

- 1. The program must implement policies, procedures, and standards of conduct.
- 2. The program must have a designated compliance officer and compliance committee.
- 3. The program must provide compliance training and education to staff and subcontractors.
- 4. The program must provide effective lines of communication for reporting compliance issues.
- 5. The program must continually monitor risk through an effective monitoring and auditing plan.
- 6. The program must develop and publicize discipline guidelines.
- 7. The program must have a process to detect, track, and respond to potential compliance offenses.

North Sound BH-ASO's Program Integrity program prides itself on having a transparent process whereby issues of concern can be brought to the attention of the Compliance Officer and dealt with according to the processes outlined in policy and the Program Integrity Plan.

2021 represented the second full calendar year in which North Sound BH-ASO operated as an administrative services organization. Since beginning operations as an ASO there has been a substantial decrease in network oversight for the organization. All concerns regarding Medicaid funded services are to be sent to the Managed Care Organization (MCO) responsible for providing the funding. The responsibilities of North Sound BH-ASO are outlined in contract with the Health Care Authority (HCA) and represent the updated responsibilities of an ASO in an integrated system.

Data and Analysis

Compliance Training

North Sound BH-ASO requires all staff, providers, and Board of Directors members to participate in annual compliance training. This training goes through the basic elements of a compliance program and the laws associated with fraud, waste, and abuse and HIPAA regulations.

2021 Compliance Training

	North Sound BH-ASO Staff	Provider Agencies	North Sound BH-ASO BOD
Number to be Trained	22	29	26
Number Trained	22	21	20
Percentage Trained	100%	72%	77%

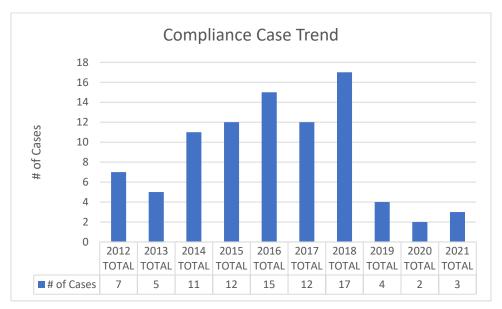
The expectation for conducting compliance training is 100% compliance annually. North Sound BH-ASO staff are at 100% compliance and will therefore need no action to be taken. Since provider agencies are at 72% compliance North Sound BH-ASO will need to implement corrective action with those agencies that did not provide training for 2021 as a condition of their contract. The remaining six (6) members of the North Sound BH-ASO BOD will need to receive training as soon as possible to ensure compliance.

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Compliance Cases

North Sound BH-ASO has a database process that has been tracking compliance concerns since 2012. This allows us to track trends and conduct individual case analysis on previous issues if necessary. There are multiple data points that allows the Compliance Officer to identify opportunities for training and steps in the process that may need updating.

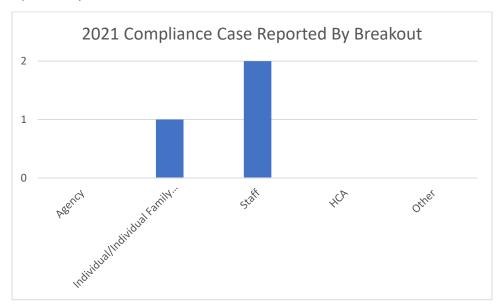
Compliance Case Trend



The graph above shows the compliance case trend from 2012 through 2021. In the last three (3) years there has been a significant decrease in the number of cases reported or investigated by the North Sound BH-ASO Compliance Officer. The change in reporting mirrors the shift to integrated managed care in July 2019. When this change occurred the level of oversight for behavioral health services provided in the region shifted to the Managed Care Organizations (MCOs). North Sound BH-ASO does not provide oversight for Medicaid funding and does not receive the number of reports for potential compliance concerns as it had in previous years.

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Compliance Case Reported By

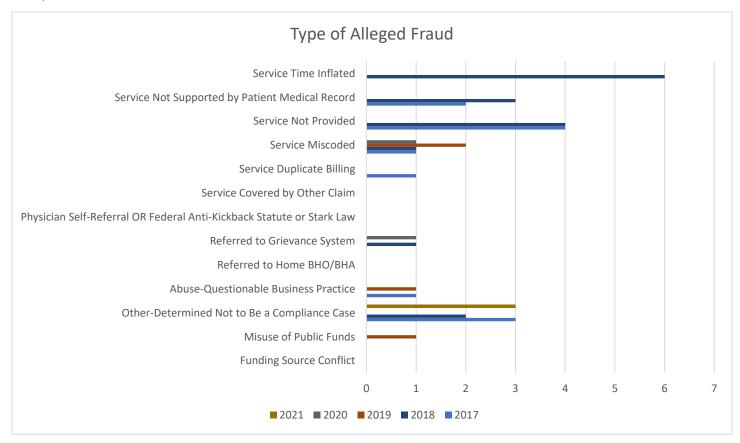


North Sound BH-ASO received three (3) reported compliance concerns in 2021. Of those concerns, two (2) were reported by a staff member and one (1) was reported by an individual who received services funded by North Sound BHO in the past. Staff reporting has been the primary reporting source for the past five (5) years. As staff conduct reviews and provide oversight monitoring for their programs, they may uncover concerns that are brought to the Compliance Officer.

Due to the low number of case reports by agency staff or Individual/Family Members we have identified a potential opportunity to build further program awareness.

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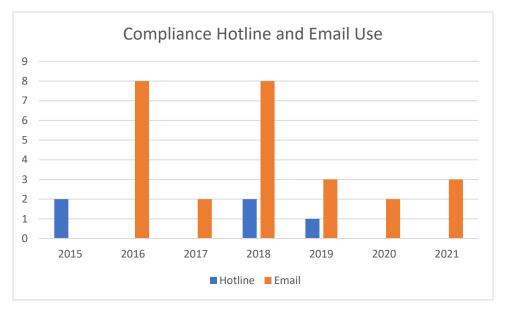
Compliance Case Reason



The graph above outlines the compliance case reasons for the past five (5) years. In 2021 there were three (3) case that were identified as not being an issue of fraud, waste, and abuse. The case involving an individual was a re-filing of a grievance case that has been resolved over the last several years dealing with services paid for by the BHO. The other two (2) cases had to deal with issues regarding provider data submission that fall more under the purview of contract adherence. Traditionally most cases reported have to do with service intensity and service provision. These were typical reasoning codes during the time of the BHO as Medicaid had strict guidelines on accurate billing and coding.

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Compliance Hotline and Email Use



The graph above outlines how reports are made to the Compliance Officer. The Compliance Program advertises two (2) main reporting streams for individuals, providers, and staff to use to report compliance concerns. The Compliance Hotline and Compliance Officer Email are the two (2) main avenues for reporting compliance concerns. The Compliance Officer will also receive concerns in person, through fax, or through written mail. All of the cases reported in 2021 were reported through the Compliance Officer Email. Having the ability to report through multiple mediums allows for an open-door approach to receiving compliance concerns.

2021 Program Updates

Policies, Procedures, and Standards of Conduct

North Sound BH-ASO went through three (3) iterations of policy changes during 2021 due to the changes outlined in the North Sound BH-ASO contract with HCA. These changes were made to *Policy 2001.00 Program Integrity* and were reflective of the ever-changing structure and process for reporting potential compliance issues to HCA. North Sound BH-ASO did not institute any new policies regarding Program Integrity in 2021.

North Sound BH-ASO will review and update, as necessary, the North Sound BH-ASO Program Integrity Plan and standards of conduct in 2022.

Compliance Officer and Compliance Committee

In 2021 there was no change to either the North Sound BH-ASO Compliance Officer or Compliance Committee. The North Sound BH-ASO Compliance Officer maintained certification as a Certified in Healthcare Compliance (CHC) professional in 2021 to represent a significant step in ensuring an effective Program Integrity program is in place. The North Sound BH-ASO Internal Quality Management Committee (IQMC) continues to serve as the Ethics and Compliance Committee for the organization.

Compliance Training and Education

North Sound BH-ASO is responsible for conducting annual compliance training to all staff and Board of Directors members to ensure they are up to date as to their role in reporting potential violations and how to identify issues of concern. There is an expectation to have 100% participation in the training annually. During 2021 it was difficult to get

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North Sound Annual Compliance Report

2021

100% participation by Board of Directors members due to competing priorities. North Sound BH-ASO will work with those members that did not complete the training to provide an alternative method in Quarter 1, 2022.

North Sound BH-ASO provider agencies are required to submit an annual attestation stating they conducted compliance training with all of their staff. They are also required to keep records of the training in case an audit was to occur. Those agencies that did not submit the attestation will be placed in corrective action for non-compliance in Quarter 1, 2022.

Effective Lines of Communication

North Sound BH-ASO continues to have an open-door policy when it comes to reporting issues of concern for compliance. The North Sound BH-ASO Compliance Officer is available by phone, email, in person, or anonymous hotline. In 2021 there were three (3) cases reported through the Compliance email. Due to the low number of cases, it is difficult to determine if the multiple mediums for reporting is effective. North Sound BH-ASO continuously promotes the use of the Compliance Hotline and email through the monthly provider bulletin. In 2022 the Compliance Officer will determine if further marketing of reporting methods is necessary.

Monitoring and Auditing

North Sound BH-ASO is on a bi-annual audit cycle and did not conduct a Program Integrity Audit on its three (3) contracted crisis providers in 2021. The next cycle of review will occur in 2022. This will include a review of their Compliance Program policies and procedures, a review of their monthly conducting of exclusionary checks, a review of their training documents, and a review of adherence to the seven (7) elements of an effective compliance program. These reviews also require a submission of documents and a review of personnel files.

North Sound BH-ASO also conducts monthly exclusionary checks on all staff members, contractors, and vendors to ensure they are eligible to participate in the receipt of Federal and State funds. Throughout 2021 North Sound BH-ASO identified several potential matches but verified each individual to not be a match using personal identifiable information. North Sound BH-ASO providers are required to conduct monthly exclusionary checks on all of their employees and submit an attestation to the North Sound BH-ASO Compliance Officer. Any provider that does not submit their attestation for three (3) consecutive months is placed in remedial action.

North Sound BH-ASO will be conducting an updated risk assessment in 2022 to ensure we are adapting to newly identified threats. New consideration must be given for the change in funding due to the integration and the risk of working remotely due to the COVID-19 pandemic.

Discipline Guidelines

North Sound BH-ASO has not updated its discipline guidelines regarding Program Integrity. All enforcement and discipline guidelines can be found in the North Sound BH-ASO Program Integrity Plan.

Investigation Process

The investigation process is outlined in the Program Integrity Plan and Policy 2001.00. These processes delineate the role of the North Sound BH-ASO Compliance Officer, Ethics and Compliance Committee, and HCA. The process in 2021 has not changed from previous years. The overall process will continue to be reviewed as updates come through North Sound BH-ASO contracts with HCA.

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North Sound Behavioral Health Administrative Services Organization May 12th, 2022 Board of Directors Financial Notes

HIGHLIGHTS

- 1. The Budget to Actuals looks pretty good. Our state funds are showing a large positive variance due to receiving the November amendment amount in January. Inpatient Treatment is trending upwards and about half of the variance is due to a large, old inpatient bill we received from HCA. Mental Health crisis stabilization is currently showing a large variance, but I expect it to level off towards June. Withdrawal Management is continuing to increase. Most of the large positive expense variances are due to programs not running yet. Other SUD services Has a large positive variance due mainly to the Recovery Navigator programs not running yet.
- 2. The Revenue and Expense statement is currently showing a large income which is mainly due to the payment of the November amendment amounts in January. I am currently working on the 3/31/22 R&E report for the State, that analysis will give me a better idea of how much of our fund balance is tied up with provisos and how much is general state funds.
- 3. The one thing to note is the Medicaid fund balance, it has all been drawn down and the negative fund balance will need to be covered with State General Fund dollars, which we have enough of to cover. The good news is that we have had initial meetings with all five MCOs and they generally seem to be receptive to our proposed PMPM rate increases.

NOTES

- 1. We are presenting the financial statements for April 2022 for the Behavioral Health Administrative Services Organization (ASO).
- 2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.
- 3. The North Sound BH-ASO adopts "calendar year" budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.
- 4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse

Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].

- 5. Within 'State General Funds', allocations are further subdivided between general state funds, and the multiple "Proviso" funds allocated for specific services.
- 6. We have added two new lines at the bottom of the "Revenue and Expense" tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.
- 7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2022* BUDGET TO ACTUALS

		YTD	YTD	,	Variance	
REVENUES	2022	2022	2022	F	avorable	
Intergovernmental Revenues	Budget	Budget	Actual	(Uı	nfavorable)	
HRSA	\$ 333,333	111,111	79,561		(31,550)	
MHBG	3,088,440	1,029,480	984,556		(44,924)	
SABG	5,339,865	1,779,955	2,277,240		497,285	
State Funds	25,083,404	8,361,135	12,893,243		4,532,108	Got Novemb
Medicaid (MCO)	 5,102,632	1,700,877	1,786,530		85,653	
Total Intergovernmental Revenues	38,947,674	12,982,558	18,021,129		5,038,571	
Misc. Revenue **	0	0	227,771		227,771	Transfer from
Interest Revenue	3,500	1,167	1,232		65	
TOTAL REVENUES	\$ 38,951,174	\$12,983,725	\$ 18,250,132	\$	5,266,408	
EXPENDITURES						
Inpatient Treatment	\$ 1,150,000	383,333	\$ 742,335		(359,002)	Large old bil
ITA Judicial	2,300,000	766,667	887,151		(120,484)	_
Crisis Services	14,639,597	4,879,866	4,247,828		632,038	
MH Crisis Stabilization	1,500,000	500,000	782,925			Should be fir
E&T Services	1,100,000	366,667	366,637		30	
E&T Discharge Planner	107,294	35,765	20,446		15,319	
Jail Services	367,536	122,512	86,224		36,288	
PACT Services	511,716	170,572	135,524		35,048	
MHBG Expenditures ***	1,371,893	457,298	247,061		210,237	
HARPS & DOC Housing	1,197,343	399,114	515,668		(116,554)	
DMA County Contracts	581,292	193,764	152,779		40,985	
SABG Expenditures ****	3,920,240	1,306,747	1,100,965		205,781	
Withdrawal Management	900,000	300,000	417,724		(117,724)	Running a bi
HRSA	304,921	101,640	118,722		(17,081)	
Juvenile Drug Court	139,800	46,600	31,795		14,805	
Other MH Services *****	1,244,501	414,834	370,066		44,768	
Other SUD Services	3,046,419	1,015,473	90,005		925,468	Recovery Na
Ombuds	216,000	72,000	58,187		13,813	
Advisory Board	19,998	6,666	60		6,606	_
Subtotal - Services	 34,618,550	11,539,517	10,372,101		1,167,416	•
Administration	4,332,624	1,444,208	1,294,918		149,290	
TOTAL EXPENDITURES	\$ 38,951,174	\$12,983,725	\$ 11,667,019	\$	1,316,706	=

Excess of Revenues Over (Under) Expenditure.

\$ 6,583,114

* THIS IS AN UNAUDITED STATEMENT

^{*} Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbusement method. Expenses are recognized when the bill is received.

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2022*

	YTD	YTD	YTD	YTD	YTD	YTD
<u>REVENUES</u>	2022	2022	2022	2022	2022	2022
Intergovernmental Revenues	Totals	Medicaid	State	MHBG	SABG	HRSA
HRSA	79,561					79,561
MHBG	984,556			984,556		
SABG	2,277,240				2,277,240	
State Funds	12,893,243		12,893,243			
Medicaid (MCO)	1,786,530	1,786,530				
Total Intergovernmental Revenues	18,021,129	1,786,530	12,893,243	984,556	2,277,240	79,561
Misc. Revenue **	227,771		227,771			
Interest Revenue	1,232		1,232			
TOTAL REVENUES	\$ 18,250,132	\$ 1,786,530	\$13,122,246	\$ 984,556	\$ 2,277,240	\$ 79,561
EXPENDITURES						
Inpatient Treatment	\$ 742,335		\$ 742,335			
ITA Judicial	887,151		887,151			
Crisis Services	4,247,828	2,239,777	1,370,336	336,757	300,958	
MH Crisis Stabilization	782,925		425,074	357,850		
E&T Services	366,637		366,637			
E&T Discharge Planner	20,446		20,446			
Jail Services	86,224		86,224			
PACT Services	135,524		135,524			
MHBG Expenditures ***	247,061			247,061		
HARPS & DOC Housing	515,668		515,668			
DMA County Contracts	152,779		152,779			
SABG Expenditures ****	1,100,965				1,100,965	
Withdrawal Management	417,724		193,172		140,472	
HRSA	118,722					118,722
Juvenile Drug Court	31,795		31,795			
Other MH Services *****	370,066		370,066			
Other SUD Services	90,005		90,005			
Ombuds	58,187	43,402	14,786			
Advisory Board	60		60			
Subtotal - Services	10,372,101	2,283,179	5,402,057	941,668	1,542,395	118,722
Administration	1,294,918	285,046	984,552			14,822
TOTAL EXPENDITURES	\$ 11,667,019	\$ 2,568,225	\$ 6,386,610	\$ 941,668	\$ 1,542,395	\$ 133,544
Net Income	\$ 6,583,114	\$ (781,695)	\$ 6,735,636	\$ 42,888	\$ 734,845	\$ (53,983)
Beginning Fund Balance 12/31/21	5,704,731	531,177	6,219,280	(96,902)		(6,387)
Ending Fund Balance	12,287,845	(250,518)	12,954,916	(54,014)		(60,370)
Note: State Fund Ralance also includes	Proviso Fund Ra	lances which a	re decignated for	or enecific evne	enditures	

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

^{*} THIS IS AN UNAUDITED STATEMENT

^{*} Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbusement method. Expenses are recognized when the bill is received.

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION PROJECTED REVENUE and EXPENSE STATEMENT for JANUARY TO JUNE 2022* BUDGET TO ACTUALS

		YTD	YTD		Variance	
REVENUES	2022	2022	2022]	Favorable	
Intergovernmental Revenues	Budget	Budget	Actual	(U	nfavorable)	
HRSA	\$ 333,333	166,667	166,667		1	
MHBG	3,088,440	1,544,220	1,366,878		(177,342)	Some programs aren't running yet
SABG	5,339,865	2,669,933	2,354,560		(315,373)	Slight difference between projected and budget
State Funds	25,083,404	12,541,702	15,730,305		3,188,603	Received November amendment dollars in January
Medicaid (MCO)	5,102,632	2,551,316	2,642,807		91,491	_
Total Intergovernmental Revenues	38,947,674	19,473,837	22,261,217		2,787,380	
Misc. Revenue **	(0	0		-	
Interest Revenue	3,500	1,750	1,500		(250)	_
TOTAL REVENUES	\$ 38,951,174	\$19,475,587	\$ 22,262,717	\$	2,787,130	
<u>EXPENDITURES</u>						
Inpatient Treatment	\$ 1,150,000	,	\$ 466,000		109,000	
ITA Judicial	2,300,000		1,250,000		(100,000)	
Crisis Services	14,639,597	7,319,799	7,488,598		(168,800)	
MH Crisis Stabilization	1,500,000	750,000	678,549		71,451	
E&T Services	1,100,000	550,000	260,972		289,028	
E&T Discharge Planner	107,294	53,647	53,647		-	
Jail Services	367,536	183,768	183,768		-	
PACT Services	511,716	255,858	255,858		-	
MHBG Expenditures ***	1,371,893	685,947	691,196		(5,250)	
HARPS & DOC Housing	1,197,343	889,512	903,415		(13,903)	
DMA County Contracts	581,292	290,646	290,646		-	
SABG Expenditures ****	3,920,240	1,960,120	1,819,294		140,826	
Withdrawal Management	900,000	450,000	659,611		(209,611)	Does appear expenses will exceed budget
HRSA	304,921	152,461	152,461		(1)	
Juvenile Drug Court	139,800	69,900	69,900		-	
Other MH Services *****	1,244,501	622,251	782,173		(159,923)	BHEF got shifted to MH services instead of crisis
Other SUD Services	3,046,419	1,523,210	1,559,688		(36,479)	
Ombuds	216,000	108,000	82,900		25,100	
Advisory Board	19,998	9,999	9,999			_
Subtotal - Services	34,618,550	17,600,116	17,658,675		(58,560)	- -
	4 222 52	2166212	1 005 222		100.000	
Administration	4,332,624		 1,985,332		180,980	•
TOTAL EXPENDITURES	\$ 38,951,174	\$19,766,428	\$ 19,644,007	\$	122,421	

Excess of Revenues Over (Under) Expenditure.

\$ 2,618,710

* THIS IS AN UNAUDITED STATEMENT

^{*} Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbusement method. Expenses are recognized when the bill is received.

^{**} Room Rental Fees, Tribal Conference, Salish Contract

^{***} Includes Peer Bridger, PATH and COVID. Does not include Crisis or E&T

^{****} Includes Opiate Outreach, PPW Housing Supports and Per Pathfinder. Does not include Crisis

^{*****} Includes CORS, AOT, Trueblood, FYSPRT, Outpatient Services

NORTH SOUND BH-ASO Warrants Paid March 2022

Туре	Date	Num	Name	Amount
Bill Pmt -Check	04/01/2022	544072	AT&T	-81.48
Bill Pmt -Check	04/01/2022	544091	Brigid Collins	-8,761.24
Bill Pmt -Check	04/01/2022	544131	Compass Health	-117,499.84
Bill Pmt -Check	04/01/2022	544133	Consejo Counseling	-1,174.50
Bill Pmt -Check	04/01/2022	544386	Haggen/Safeway	-6.51
Bill Pmt -Check	04/01/2022	544220	Island County Human Services	-38,118.37
Bill Pmt -Check	04/01/2022	544270	Lake Whatcom Center	-4,449.39
Bill Pmt -Check	04/01/2022	544281	Lifeline Connections	-25,617.49
Bill Pmt -Check	04/01/2022	544306	MCD E&T	-4,178.20
Bill Pmt -Check	04/01/2022	544337	Office Depot	-76.13
Bill Pmt -Check	04/01/2022	544388	San Juan County Health & Corr	-8,950.82
Bill Pmt -Check	04/01/2022	544390	Save on Storage	-495.00
Bill Pmt -Check	04/01/2022	544439	Telecare Corporation	-16,296.74
Bill Pmt -Check	04/01/2022	544448	Therapeutic Health Services	-1,856.06
Bill Pmt -Check	04/01/2022	544457	US Bank	-1,084.60
Bill Pmt -Check	04/01/2022	544463	Verizon	-1,378.85
Bill Pmt -Check	04/01/2022	544464	Volunteers of America	-163,984.10
Bill Pmt -Check	04/08/2022	544527	Consejo Counseling	-1,146.38
Bill Pmt -Check	04/08/2022	544979	Lake Whatcom Center	-11,748.00
Bill Pmt -Check	04/08/2022	544583	Lifeline Connections	-38,832.30
Bill Pmt -Check	04/08/2022	544593	Osborne, Michelle, JD Associa	-7,000.00
Bill Pmt -Check	04/08/2022	544618	Pioneer Center	-28,470.00
Bill Pmt -Check	04/08/2022	544644	Skagit County Public Health	-26,251.50
Bill Pmt -Check	04/08/2022	544649	Snohomish Co Human Services	-390,584.74
Bill Pmt -Check	04/08/2022	544650	Snohomish Co Juvenile	-61,138.80
Bill Pmt -Check	04/08/2022	544663	Telecare Corporation	-110,187.00
Bill Pmt -Check	04/08/2022	544553	Great Rivers BH	-937.59
Bill Pmt -Check	04/25/2022	545030	3-Day Blinds	-16,090.42
Bill Pmt -Check	04/25/2022	545031	Access	-1,274.29
Bill Pmt -Check	04/25/2022	545043	American Behavioral Health Sy	-34,450.00
Bill Pmt -Check	04/25/2022	545054	AT&T	-81.48
Bill Pmt -Check	04/25/2022	545072	CDW-G	-1,345.53
Bill Pmt -Check	04/25/2022	545083	Comcast	-364.97
Bill Pmt -Check	04/25/2022	545085	Compass Health	-80,858.30
Bill Pmt -Check	04/25/2022	545086	Compensation Works	-11,062.50
Bill Pmt -Check	04/25/2022	545089	Consejo Counseling	-1,084.78
Bill Pmt -Check	04/25/2022	545060	Fairfax Hospital	-9,972.06
Bill Pmt -Check	04/25/2022	545122	Firstline Communications (All P	-1,068.46
Bill Pmt -Check	04/25/2022	545164	Foster, Katherine	-555.00
Bill Pmt -Check	04/25/2022	545046	Fraser-Powell, Angela Re	-106.00
Bill Pmt -Check	04/25/2022	545125	Frontline Cleaning Services LL(-731.80
Bill Pmt -Check	04/25/2022	545133	Greater Columbia BH-ASO	-937.59

NORTH SOUND BH-ASO Warrants Paid March 2022

Bill Pmt -Check	04/25/2022	545299	Hand up Project, The	-15,457.18
Bill Pmt -Check	04/25/2022	545174	Lake Whatcom Center	-21,211.69
Bill Pmt -Check	04/25/2022	545181	Lifeline Connections	-225,743.65
Bill Pmt -Check	04/25/2022	545129	Lippman, Glenn	-5,118.75
Bill Pmt -Check	04/25/2022	545197	Mount Baker Presbyterian Chur	-2,188.53
Bill Pmt -Check	04/25/2022	545221	Pitney Bowes Leasing	-572.59
Bill Pmt -Check	04/25/2022	545243	Sea Mar	-4,683.72
Bill Pmt -Check	04/25/2022	545255	Skagit County Clerk	-119,105.32
Bill Pmt -Check	04/25/2022	545274	Snohomish Co Human Services	-288,794.66
Bill Pmt -Check	04/25/2022	545276	SRS Property Management	-10,952.00
Bill Pmt -Check	04/25/2022	545297	Telecare Corporation	-15,582.00
Bill Pmt -Check	04/25/2022	545301	Therapeutic Health Services	-2,829.14
Bill Pmt -Check	04/25/2022	545303	Thurston Mason-BHO	-11,874.00
Bill Pmt -Check	04/25/2022	545339	Wave Business	-601.20
Bill Pmt -Check	04/25/2022	545039	Wellfound Behavioral Health Ho	-3,526.20
Bill Pmt -Check	04/25/2022	545343	Whatcom Co Superior Court	-11,928.00
Bill Pmt -Check	04/25/2022	545344	Whatcom County Health Depart	-50,023.30
Bill Pmt -Check	04/29/2022	545388	Catholic Community Services	-36,355.30
Bill Pmt -Check	04/29/2022	545409	Community Action of Skagit Co	-40,202.48
Bill Pmt -Check	04/29/2022	545410	Compass Health	-650,292.01
Bill Pmt -Check	04/29/2022	545448	Evergreen Recovery	-177,888.18
Bill Pmt -Check	04/29/2022	55502	Lake Whatcom Center	-20,265.93
Bill Pmt -Check	04/29/2022	545509	Lifeline Connections	-7,987.00
Bill Pmt -Check	04/29/2022	545563	Pioneer Center	-70,537.97
Bill Pmt -Check	04/29/2022	545597	Sea Mar	-4,702.82
Bill Pmt -Check	04/29/2022	545613	Skagit County Public Health	-10,529.53
Bill Pmt -Check	04/29/2022	545558	St Joseph Medical Center, Pear	-9,896.62
Bill Pmt -Check	04/29/2022	545653	Volunteers of America	-165,580.09
Bill Pmt -Check	04/29/2022	IGT	Skagit County Auditor	-3,500.00
			•	-3,218,218.67
			•	-3,218,218.67
			•	-3,218,218.67
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North Sound BH ASO Executive Director's Report

May 12, 2022

1. UPDATE ON HOMELESS OUTREACH STABILIZATION TEAM [HOST]

- We received one formal response to the HOST RFQ from Evergreen Recovery.
- A representative from the Advisory Board and Snohomish County participated on the review panel and recommended it be forwarded to the Board of Directors for approval.
- This will be an introduction item on the May 12 Board agenda.

2. UPDATE ON RFP FOR CHLDREN AND YOUTH MOBILE CRISIS TEAMS

- As of July 1, our new HCA-ASO contract will requires us to implement at least one Children and Youth Mobile Crisis Teams
- It will need to be based on the "Mobile Crisis Stabilization Services" model developed in other states [this will be introduced as a discussion item for the April Board meetings].
- We will issue the RFP in early May.
- We hope to have the recommended contractor or contractors identified by July 1.

3. PRESENTATION OF THREE YEAR BH-ASO UPDATE FOR NORTH SOUND COUNTY COUNCILS AND COMMISSIONS

A presentation to update the North Sound County Councils and Commissions on the current scope of activities for the North Sound BH-ASO has been scheduled for the following dates:

- Snohomish May 9
- Whatcom May 10
- San Juan May 18
- Island June 1
- Skagit June 28

4. UPDATE ON PLAN TO IMPROVE COORDINATION BETWEEN BH-ASO FUNDED PROGAMS AND COUNTY FUNDED BEHAVIORAL HEALTH PROGAMS

- As a follow up to the discussion at the March 10 Board of Directors meeting, we have begun to work on a plan to improve coordination between BH-ASO programs and County behavioral health programs.
- A draft of the plan will be reviewed at the May 6 County Coordinators meeting.
- Recommended strategies will include developing an inventory of BH-ASO programs and County funded programs that appear to be serving similar populations and have similar goals.

5. BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE

- The quarterly meeting of the Behavioral Health System Coordination Committee was held on May 2. This Committee provides and opportunities for HCA Leadership, Counties, BH-ASOs, and MCOS to discuss how to better coordinate system wide planning for behavioral health services. Jill Johnson represented the perspective of county elected officials for our region.
- One of the issues which we surfaced are continuing concerns regarding "network adequacy" especially in rural areas.
- HCA agreed to form an ad-hoc workgroup to define network adequacy, the concerns Counties and ASOs have regarding it, and possible solutions.
- Both Jill and I volunteered to be part of this workgroup.

6. CRISIS SERVICES UPDATE

- Weekly Crisis Capacity Indicator Report through April 30 [attachment #1]. The
 number of Calls to the Crisis Line and dispatches of mobile crisis teams have fluctuated
 up and down over the last couple of months with an actual decline over the last four
 weeks.
- The monthly dashboard, through the month of March, can be found in the on-line May Advisory Board meeting packet at: https://www.nsbhaso.org/who-we-are/boards-and-committees/advisory-board.

7. RECOVERY NAVIGATOR PROGAM UPDATE

- The Recovery Navigator Program [RNP] Providers are in final the stages of contract completion after our RFQ process. Each RNP provider has identified a Project Manager [PM] from internal staff and will move forward with the hiring process of Case Managers and Outreach Coordinators once contracts are finalized. [see below]
- Program implementation and staff hiring is projected to start in early May.
- Recovery Navigators Providers for North Sound:

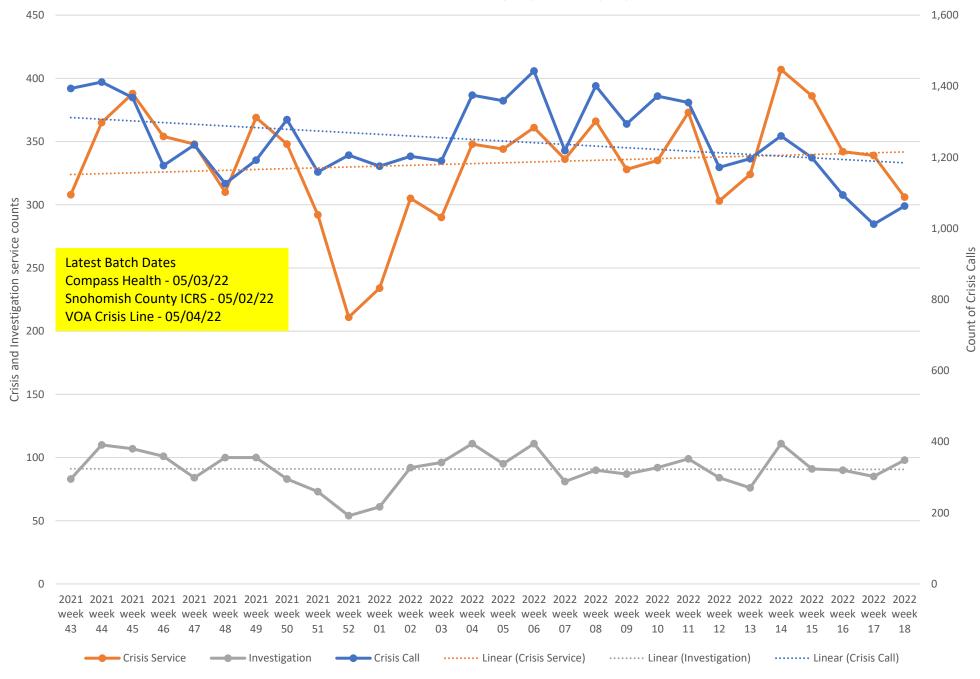
Island County	Island County Human Service Dept Bill Larsen, PM
San Juan County	Compass Health - Teresa Tilton, PM
Skagit County	Community Action - Candace Weingart, PM
Snohomish County	LEAD/RNP - Snohomish County – Ashley Dawson, PM
Whatcom County	LEAD/RNP – Whatcom County - Vanessa Martin, PM

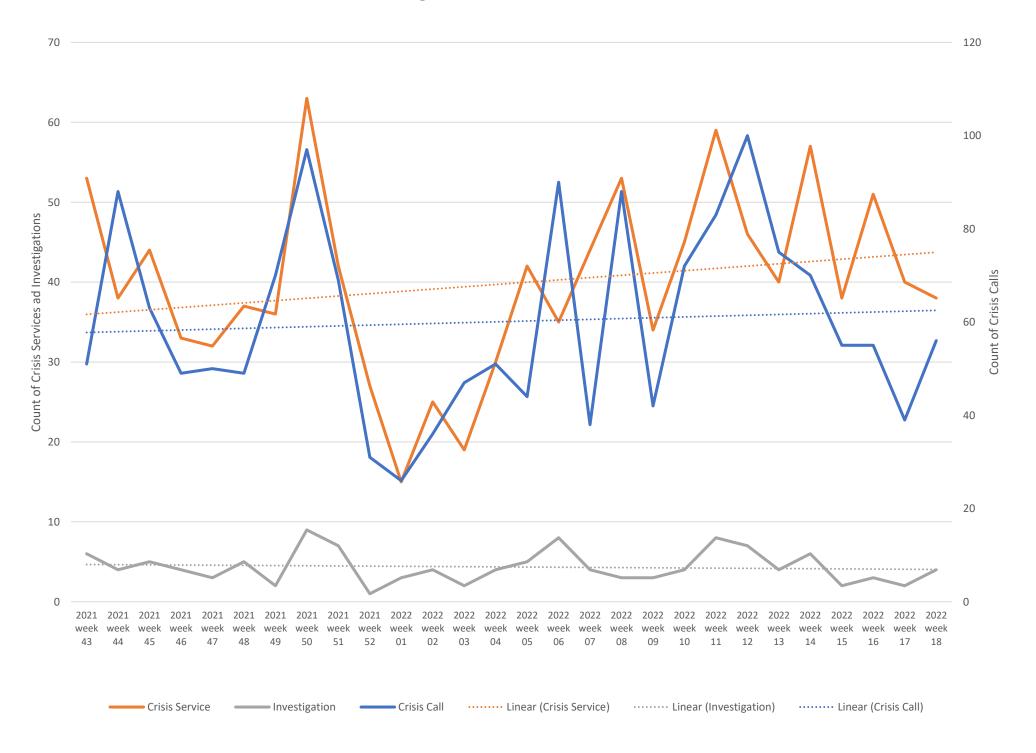


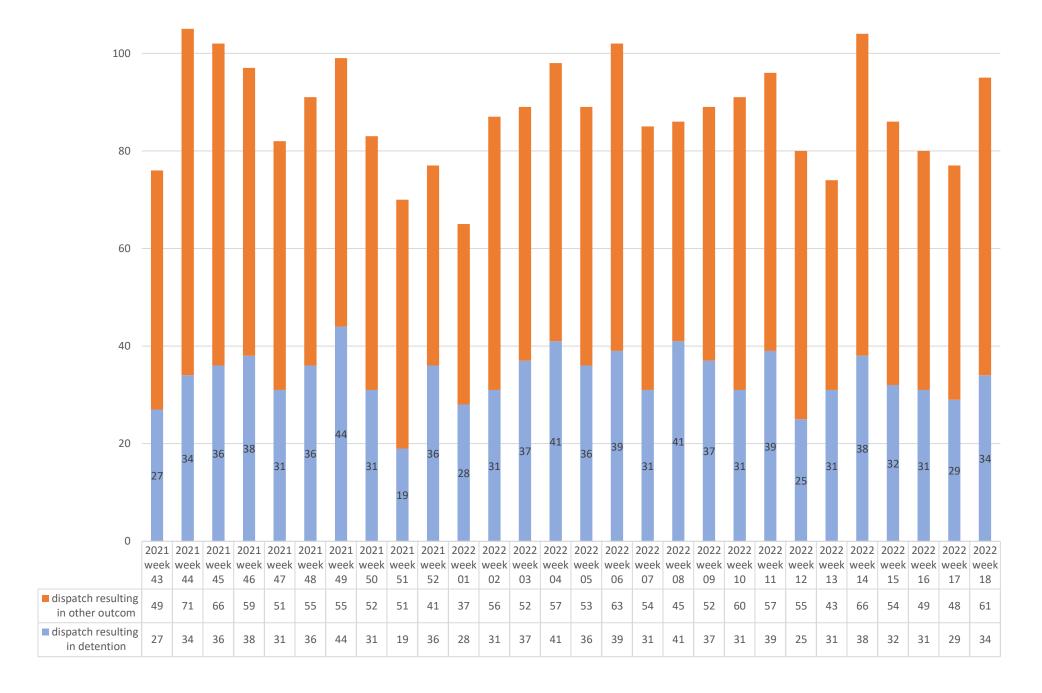
Weekly Crisis Capacity Indicator Snapshot

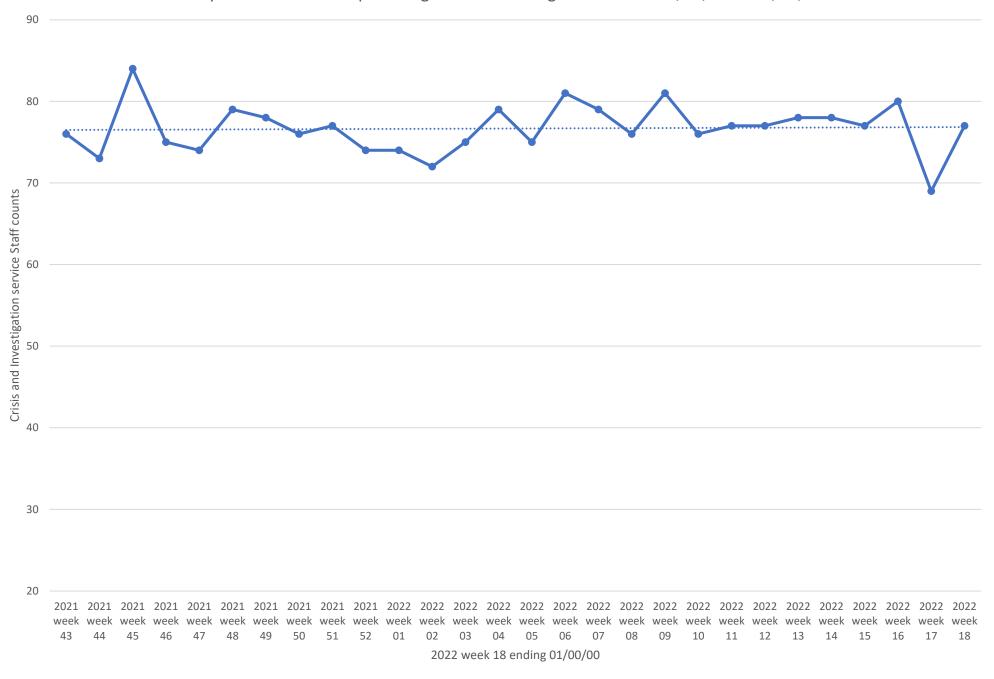
	* Weekly Clisis Capacity illulcator shapshot
Page 2	Crisis Data - dates 10/17/21 to 04/30/22
Page 3	Crisis Data: Ages 0-17 - dates 10/17/21 to 04/30/22
Page 4	All DCR Dispatches - dates 10/17/21 to 04/30/22
Page 5	Weekly Staff Count - Staff providing Crisis or Investigaion services 10/17/21 to 04/30/22
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 10/17/21 to 04/30/22
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	New COVID-19 Cases Reported Weekly per 100,000 population - 01/28/21 to 05/05/22
Page 13	Total Hospitalized Adults - COVID-19 (confirmed or supected) 7 day average
Page 14	HB 1310 Data collected with LE Declines 10/17/21 to 04/30/22
Page 15	HB 1310 Data collected with LE Response or Other 10/17/21 to 04/30/22
-	

Crisis Data - dates 10/17/21 to 04/30/22

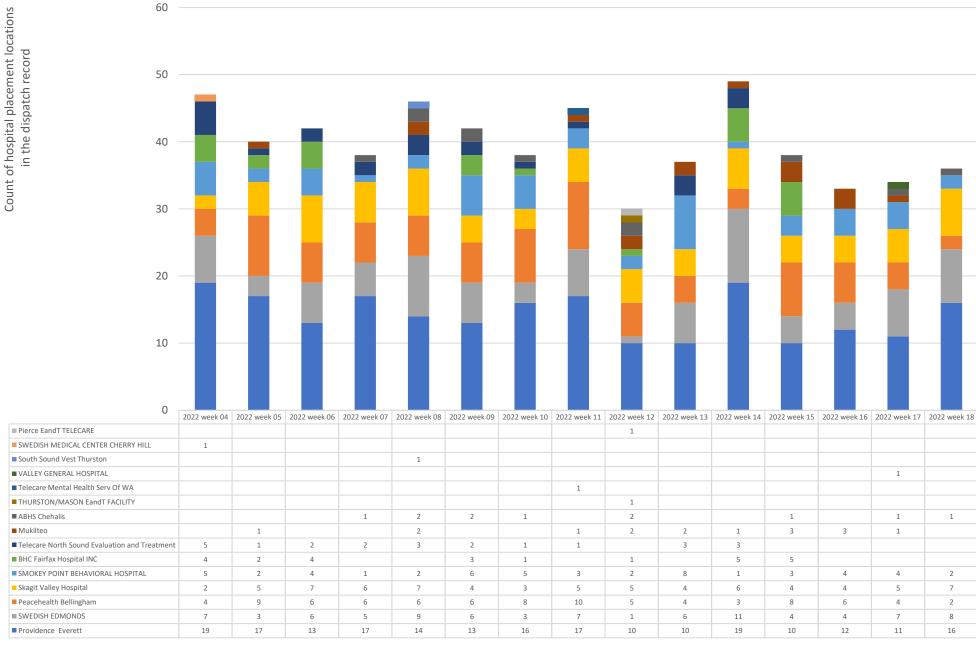


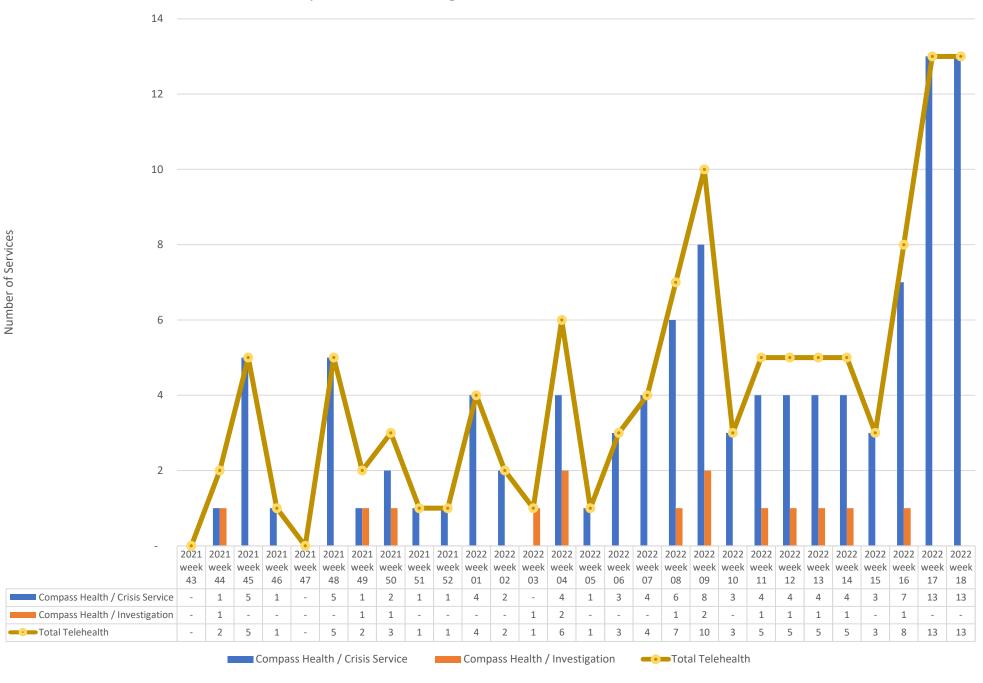


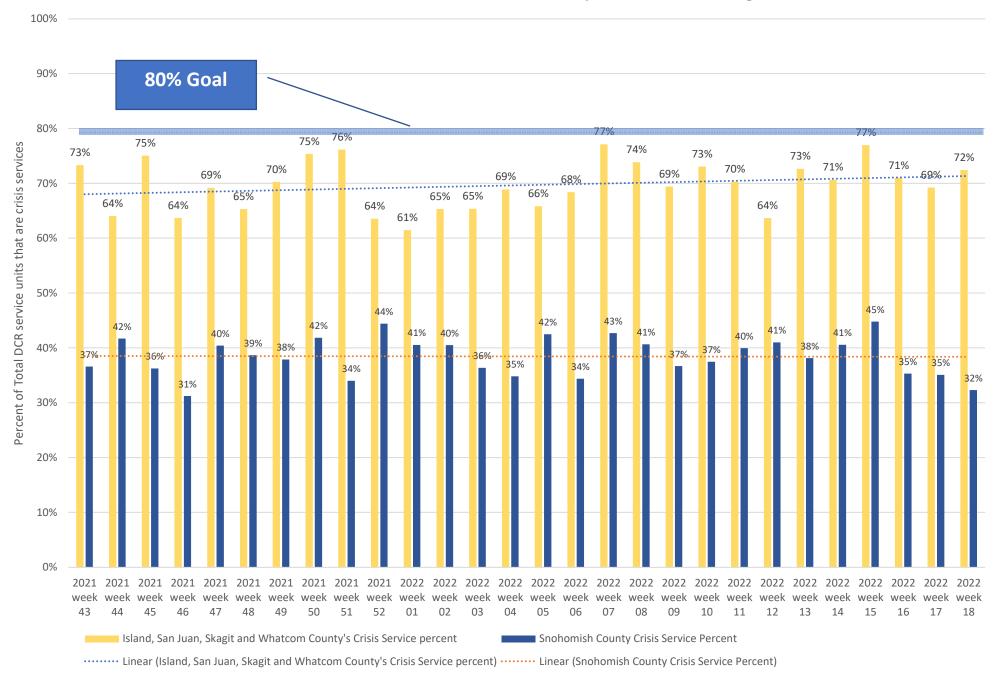




Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low



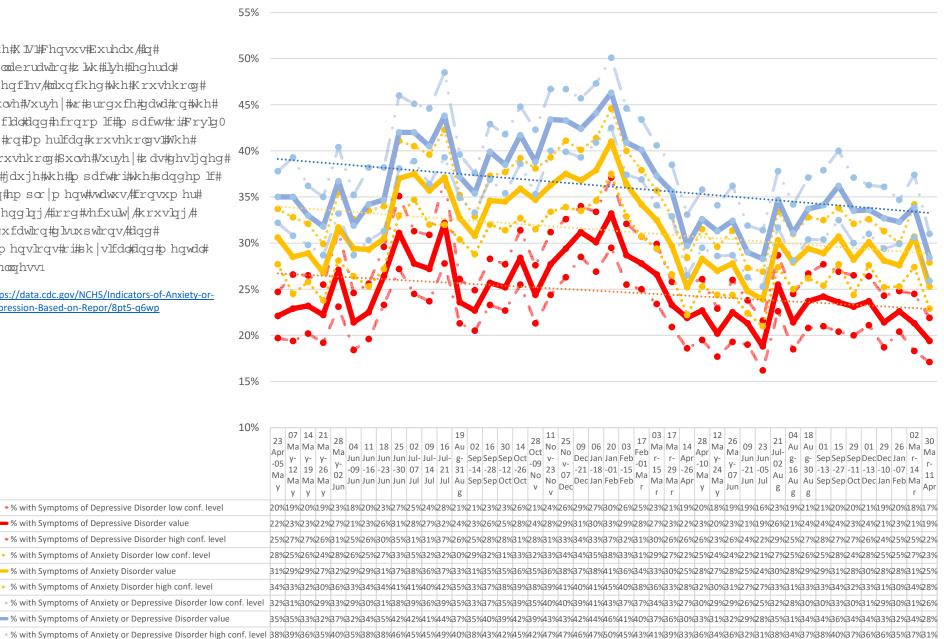




Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

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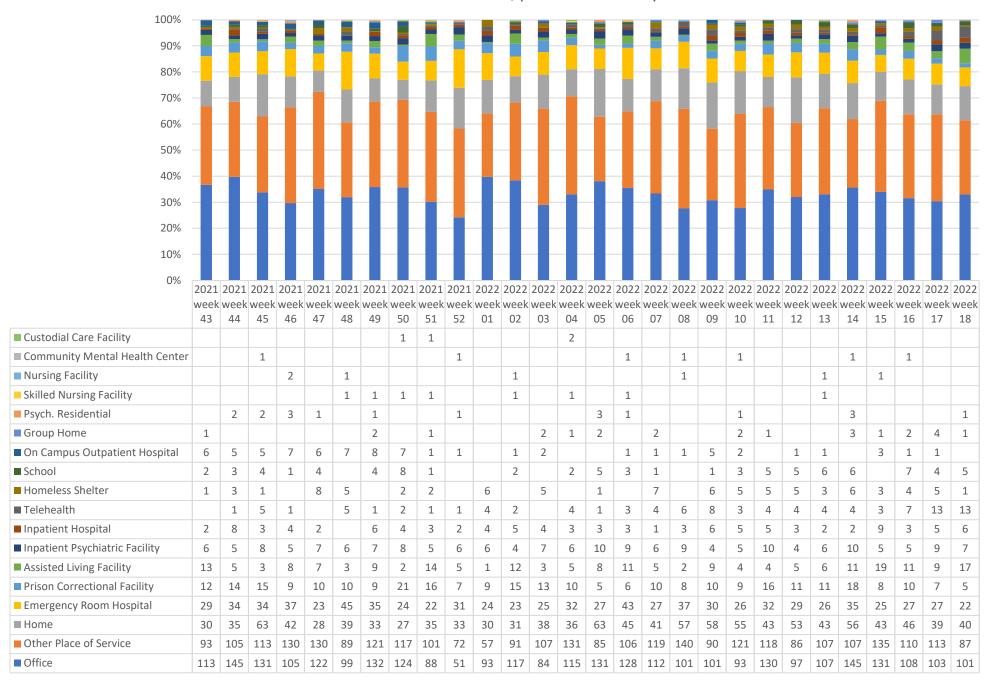
https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wp



% with Symptoms of Depressive Disorder value

% with Symptoms of Anxiety Disorder low conf. level % with Symptoms of Anxiety Disorder value % with Symptoms of Anxiety Disorder high conf. level

Place of Service - Crisis Services, percent of total by week



Place of Service -Investigations, percent of total by week

